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Monday, April 26, 2010

# THE MORNING NEWS

*Your Source for Local News in English*

Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: [themorningnewsaruba@gmail.com](mailto:themorningnewsaruba@gmail.com)

## 5th Annual Jazz Appreciation Month celebration at Aruba's National Library



The Carlos Bislip Collective




Carlos Bislip on the drums

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Lovers of innovative music settled in on the street fronting Aruba's National Library in Oranjestad for an evening of great music courtesy of Carlos Bislip, noted percussionist and teacher, during the fifth observance of International Jazz Appreciation Month (JAM) on Saturday evening, April 24.

Beginning the month with a concert in San Nicolas, the Carlos Bislip Collective finished it with a fine selection of favorites and original music, branded by their unique interpretation. The collective consists of Jamal Baptiste on piano and Ivan Quandus on bass, who opened the show with Carlos, and were eventually joined by Franklin Granadillo on trumpet, Lidrick Solognier, percussionist, and Eduardo Maya on bass trumpet.

Following the Carlos Bislip Collective the Jeremy Bonnarriba Quartet consisting of Angelo and Paulo Kock, with guitarist Michael Searus took the stage. Final performance was by the School de Rufo Wever Large Ensemble under the direction of Johnny Croes and George Viguer.

The Smithsonian museum launched JAM in 2001 as an

annual event that pays tribute to jazz both as a historic and living American art form. Carlos, a dedicated teacher and mentor to young island musicians, learned about it while attending programs in the U.S. to perfect his ability as a music instructor and was inspired to bring it to Aruba, where the art form has further influenced a new generation of performers. Many express they feel the principals of jazz also meld well with the traditions of Latin music, which is so popular in the region, and sparks their creativity.



Ivan Quandus

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## Rescuers fan out after twister kills 10 in Mississippi



Jason Newell tries to salvage what he can from the church that was destroyed after a tornado



Large trees were snapped in half and shredded.

YAZOO CITY, Mississippi — Rescuers spread out yesterday to find anyone who might be left behind in the rural Mississippi countryside hit hard by a tornado that killed 10 people a day earlier, while others returned to demolished homes to salvage what they could and bulldoze the rubble.

About 40 National Guard soldiers patrolled the devastated Yazoo City, some in Humvees and others in a Blackhawk helicopter. Dozens of volunteer state troopers and other law enforcement officers also came from far-flung parts of the state to help.

The high winds on Saturday ripped roofs off buildings

in Yazoo County, a county of about 28,000 people known for blues, catfish and cotton where Gov. Haley Barbour grew up. He described "utter obliteration" among the picturesque hills rising from the flat Mississippi Delta.

"This tornado was enormous," Barbour told The Associated Press as searchers resumed their work.

He said there are about 100 homes in Yazoo County and another 38 in Choctaw County that are uninhabitable. State emergency officials are still trying to determine how many people have been left homeless after Saturday's storm, he said. It's unlikely the final tally

of damage and other figures will be done before Tuesday.

Mississippi Emergency Management Agency spokesman Greg Flynn said yesterday that at least three dozen people were hurt and nearly 200 homes damaged in Attala, Holmes, Monroe and Warren Counties. Officials were still working to assess the total damage in Choctaw and Yazoo counties.

Yesterday, many people were focused on cleanup, with the buzz of chainsaws and tractors rumbling across the region. The scent of splintered pine trees permeated hard-hit Choctaw County as people tried to salvage what they could from mobile homes torn from their blocks. Utility workers in cherry-pickers hovered over police officers directing traffic on a two-lane highway busy with relief workers and volunteers arriving to help.

Governor Haley Barbour declared a state of emergency after the first major U.S. tornado of the year

Meteorologists said it was too soon to tell whether a single long-lasting tornado — or multiple shorter ones — carved the path of destruction from northeastern Louisiana to east-central Mississippi. Hundreds were still without power yesterday, and officials said some may be without power until tomorrow or even Wednesday.

The same storm front spawned heavy thunderstorms that raked across the Southeast, snapping trees, damaging rooftops and scattering hail.

Tornadoes also were reported in Louisiana, Arkansas and Alabama, and the severe weather continued to track northeastward early yesterday as gusty winds also downed trees crossing northwest Georgia.

## Oil cleanup at Gulf rig blast site delayed again

NEW ORLEANS, Louisiana — Oil was leaking from a damaged well yesterday nearly a mile below the surface of the Gulf of Mexico, worrying officials who say the spill has the potential to threaten shores from Louisiana to possibly Florida.

High seas forced cleanup crews trying to vacuum and disperse the oily mess to take a second consecutive day off. Airplanes, boats and equipment were mobilized, but on standby as waves stopped them from trying to prevent the spreading oil from washing ashore beaches, barrier islands and wetlands.

What appeared to a manageable spill a couple of days ago after an oil rig exploded and sank off the Louisiana coast, has now turned into a more serious environmental problem. The new leak was discovered Saturday, and as much as 1,000 barrels — or 42,000 gallons — of oil is leaking each day, Coast Guard Rear Adm. Mary Landry said.

The new leak is troubling

for the coast's fragile ecosystem of shrimp, fish, birds and coral. Officials said it's still too soon to say whether the sensitive habitat will be affected.

"What crude oil tends to do is float to surface and then under wave action it turns into what looks like chocolate mousse and sinks. It's way too early to tell" the impact, said James Cowan, an oceanography and coastal sciences professor at Louisiana State University in Baton Rouge.

The initial spill occurred Tuesday when there was an explosion on the Deepwater Horizon about 50 miles off the Louisiana coast. More than 100 workers safely escaped the platform, which is about the size of two football fields, but 11 workers have not been found and are presumed dead.

The explosion created a rainbow sheen of oil on the surface of the water for a couple of days. On Thursday, the rig sank, adding another twist to the accident. Still, officials maintained that no more oil appeared to be leaking.

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One important achievement of the First International Autism Symposium Aruba

## Autism Speaks ready to assist with ambitious national strategy for Aruba

Ministers of Public Health, Education and Social Affairs support the plans



Left to right, Minister Dowers, Dr. Andy Shih and Minister Hooyboer-Winklaar

Autism Speaks will help Aruba develop a national strategy on autism. Vice President of Science Affairs Dr. Andy Shih met with Minister of Justice and Education Arthur Dowers and Minister of Economic Affairs, Social Affairs and Culture Michelle Hooyboer-Winklaar, during his stay on Aruba recently to discuss the GAPH, the Global Autism Public Health Initiative. Dr. Shih was on Aruba for the First International Autism Symposium Aruba, organized by the Aruba Autism Foundation.

Over 200 professionals in the field of medicine, education, therapies and also parents attended the three day event, which included presentations and workshop led by leading experts on the field of autism from the USA, The Netherlands, Mexico and The Netherlands Antilles. They brought forth the latest findings on autism and autism treatment to the audience.

GAPH is an international advocacy and development effort to help Autism Speaks partner countries to increase public and professional aware-

ness of Autism Spectrum Disorders; facilitate research and research training; enhance service delivery via training in diagnosis and intervention. Currently Autism Speaks is partnered with Qatar, Mexico, Ireland, Albania, and The Philippines, and if everything goes according to plan, soon with Aruba. The initiative entails that the organization will provide the technical assistance and leverage to help local programs and capacity on autism service, according to local needs.

Autism Speaks was created in 2005 and by 2008, the organization had already convinced the United Nations to sanction April 2nd as World Autism Awareness Day, WAAD.

A key element in treating autism is awareness. Therefore the organization encourages families to learn the early warning signs of autism and act early by consulting their doctors if they suspect a delay in development. Awareness also helps build a more compassionate community and increases fundraising, supporting science and family services programs.

The goal of GAPH is to enable early diagnosis and intervention and disseminate best practices. But according to Dr. Shih, there are barriers to achieving this. The main barriers are limited capacity and expertise in especially behavioral intervention. This is not limited to developing countries alone. There is also lack of low cost community-based treat-

ment solutions to maximize coverage and impact.

This is the reason why Autism Speaks proposes and already works with a model of building service capacity through training and education. It is called the Phased Development Model or Train the Trainer. In order to do so, countries like Aruba will have to identify a national planning group of parents, government officials and clinical/educational professionals to identify priorities. Autism Speaks will provide the technical assistance for a national training team in the desired skills or practices, and will work with the national training team to revise or modify protocols or practices, to reflect local cultural and social values and availability of resources or infrastructure. Autism Speaks will also support the national training team members while they transition to become independent trainers and/or practitioners.

Dr. Shih emphasized that GAPH is a process and not a one-size-fits all solution. Due to differences in resources, infrastructure, culture and priorities, territories and countries will require customized plans of action. While Autism Speaks can provide technical assistance and leverage resource, local leaderships and partnerships are essential for success. GAPH is also an opportunity to complement and integrate existing awareness, research and service programs.

Ministers Dowers and Hooyboer-Winklaar gave their commitment for the development of GAPH National Advisory Committee in Aruba with the help of the Aruba Autism Foundation. Minister of Public Health Richard Visser also gave his blessing in absentia via a recorded message.

For more information, contact Aruba Autism Foundation, telephone 588-1179, or visit the website, [www.autismoaruba.org](http://www.autismoaruba.org). The website will soon feature the presentations of the various speakers at the First International Autism Symposium Aruba.





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## The weekly Bon Bini festival is tomorrow night!

ORANJESTAD -- The weekly Bon Bini festival takes place tomorrow night at the Fort Zoutman in Wilhelminstraat. The festival is for tourists and locals to mix and mingle and enjoy a taste of Aruban culture.

This weeks the festival will feature the traditional Aruban Caha d'Orgal. "Nos Ana Rosa," musical group; "Pegassaya," Dance groups: "Masiduri" and "Flor di Trinitaria," solo singer: "Hilyann Croes," and steelband: "Traditional Steelband."

MC is Juby Naar

During the festival there will be local food, sweets and handicraft on sale.

Arubus has regularly scheduled bus transport from all hotel areas to Oranjestad's central terminal, which is only a short walk from Fort Zoutman. Round trip bus fare is \$2.30.

Come, meet the islands, absorb some local color and culture, and get a taste of our Dushi Aruba.

The festival is from 6:30 to 8:30 p.m. Entrance is 5 Aruban florin or US\$3.

## Minister Winklaar-Hooyboer pays visit to the Aruba Central Bank



Recently, Minister of Economics, Social Affairs and Culture, Michelle Winklaar-Hooyboer paid a courtesy visit to the Aruba Central Bank. There the minister met with the board of the bank to revise the latest developments regarding the island's economic situation. During the meeting Minister Winklaar-Hooyboer expressed to be open for regular dialogues with the board of the bank, especially on economic aspects. Photos show Minister Winklaar-Hooyboer during the meeting with the board of the Central Bank.

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## Monday nights is Cultural Nights at Paseo Herencia



Tonight at 8:00 p.m., Paseo Herencia Shopping & Entertainment Center will dedicate its weekly Monday night Cultural Dance Show to the famous "Padu Del Caribe" local composer of Aruba's national anthem and many other popular local songs and literatures. The show is in honor of his 90th birthday.

Entertainment will be by Kids & Youth in Action, a

group of young local talented dancers. At 8:30 pm the show will end with a spectacular water show on the rhythm of Padu del Caribe's music.

This is one show you don't want to miss.

Restaurants are open for breakfast, lunch and Dinner. Stores are open Monday - Saturday from 10 a.m. till 10 p.m. and on Sunday from 5 p.m. till 10 p.m.



## Kibrahacha trees spotted again!



Side view of the Kibrahacha

In early March we had a bit of rain, and the beautiful yellow Kibrahacha trees came into bloom. Last week, we again had some showers, I guess those that weren't quite ready decided to show their colors, as we saw more trees with the rare yellow flowers.

I spotted one last Thursday right by the entrance to Arikok National Park. Since the time of my grandmother it has always been a tradition that all the family go into the cunucu to see the Kibrahacha trees, and it was a contest among the youngsters to see who could find a path through all the thorny cactus to get to stand under the tree first; we thought of it as sort of a good luck.

The sight of the brilliant yellow blooms among the green of cactus, Watapana and Kwihi trees is a sight you will never forget, and you are lucky if you find them. A few days after blossoming the flowers will fall and the trees will be bare. A month after, we try to harvest the seeds, but they are difficult to find, and even if we collect many it is a very difficult to get the plants to grow in your garden, but some have managed, and you can see them around in the cura, occasionally.

The wood of the Kibrahacha is extremely hard that is where it gets its name, which in Papiamentu literally mean "break the hatchet-"kibra" means break. This is what happened whenever someone tried to harvest lumber from these trees.



Details of the flower of the kibrahacha

We mostly find these trees around Santa Cruz and the park, and they only flower once or twice a year and only after there have been some showers. So after the spring, the next time we can see them will be in August, when storm season really begins, and then the hills may be full of yellow trees.

For us, the Kibrahacha always evoked a special feeling of hope, as it means the promise of much needed rain. I still continue this special tradition of going to see the trees with my children and I love to be able to show tourists this very special sight.

**EDITORS NOTE:** "Ban Keiro" is Papiamentu for "let's go tripping in the cunucu!"

Madi conducts her tours seven days a week in a single rangerover type all terrain



vehicle. She takes a max of nine passengers, and offers trips to the Natural Pool and other areas of Aruba that can only be reached with a sturdy 4x4 and, most importantly, a knowledgeable guide who know their way.

She congenially shares her anecdotes and vast inventory of island factoids. For more information and pick up at your resort, call 746-1397 or 749-7494.

Enjoy!



# Westin Aruba Resort fundraiser provides a start towards a fully humane animal shelter



Westin's Ramiro Rafael, with Kiki and contributors



For more than a decade, devoted animal advocate Kirsten (Kiki) Anudt has been retrieving stray and abused dogs and cats and treating them at her home. She voluntarily will provide transportation to the vet's offices for injured creatures when people call her hotline at 742-8732 and she has shouldered this burden alone for years, offering her art as a way to garner contributions and financial assistance.

On Saturday evening, April 24, the Westin Aruba Resort conducted a fundraising gala, which, with the sale of 200 tickets, provided 10% of the 350,000 Aruban florins, (\$200,000) needed for Kiki to realize her dream, a proper facility to house the 67 adult dogs and 17 puppies she now maintains in her home, as well as areas for cats and other animals need-

ing care.

Howard Gitman of Paperworks treated all his employees to a fine evening of dinner and dancing to one of Aruba's top performers, Claudius Phillips, by purchasing three full tables and contributing to a good cause.

Sarita and Josh Ramdas of Gemstones International donated a large collection of precious and semi-precious jewelry that were sold during the gala for additional funds. In their selection of stunning pieces were a number of adorable items sporting an animal motif.

Noted island photographer Mick Miller donated his time along with his wife Liz, and some of his beautiful photographs for a silent auction. Famed Aruban artist Elvis Tromp also donated artwork to raise funds. Newly arrived repeat visitor Gabrielle Smith of Texas felt compelled to stop by the gala and place the first donation into the stylish vase designated as the collection box; this started the ball rolling. "My husband and I have taken into our home nine dogs over the years, some of them no one wanted as they suffered some terrible physical ailments, but they have proved to be wonderful companions. This does not



compare with what Kiki does, but I fully understand her need to do it. I had to help in my small way."

"The Westin is not new to sponsoring fundraisers for the proper treatment of island animals," commented Special Events Manager Ramiro Rafael, "it is almost becoming an annual tradition now, and we think it is very important to bring this cause before the public. The problem is far from solved, and the public needs to be reminded of their obligation to treat animals humanely."

The Aruban government has awarded Kiki with a 10,000 acre plot on which to



construct the facility, but there is still a long way to go. The Foundation Cas Animal plans also include a place for dogs to be boarded while masters are away on vacation, and hopes to see their facility equipped to nurse

back to health and house up to 200, become a reality in the near future. Cas Animal maintains a strict no-kill policy and welcomes families that are interested in offering a dog or cat a good home to visit.

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## Science/Tech.

# 3-D video gaming aspires to become spectacle



UNIVERSAL CITY, Calif. (AP) — For movie goers, watching a 3-D film is a relatively easy experience. Audiences didn't need to do anything other than pay a few extra bucks and slip on a pair of special glasses to see 3-D versions of "Avatar" or "Alice in Wonderland." For gamers, however, enjoying a 3-D game requires a bigger investment on their part.

For example, to play the popular online fantasy game "World of Warcraft" in 3-D, an inhabitant of Azeroth would need hundreds of dollars worth of gear: a robust computer setup with a compatible graphics card, monitor capable of displaying 3-D and a pair of 3-D spectacles. At this early stage, it's an expense that many virtual adventurers have yet to adopt.

Dozens of game developers, business executives and other stereoscopic 3-D gaming advocates converged at a Universal City hotel this week to explore that very conundrum and witness the latest in 3-D games at the

first-ever 3-D Gaming Summit. The consensus was that whether gamers push play on 3-D or not, the home 3-D revolution is already in motion.

Television makers Samsung and Panasonic are now selling 3-D TVs. Movie studios Universal and Disney have released 3-D films on Blu-ray, such as "Coraline" and "The Polar Express." Discovery Communications and ESPN previously announced they will launch their own 3-D networks, with ESPN first broadcasting FIFA World Cup soccer in 3-D this June.

"We've got to tell people about it," said Phil Eisler, general manager of Nvidia's 3-D Vision, which makes graphics cards with 3-D processing power. "Hollywood has done a fantastic job of educating consumers and marketing to them about the wonderful experience in the theater. We need to tell consumers about the wonderful experience that games are in 3-D."

For many modern games,

the leap to 3-D is actually just a step. The medium is well suited for 3-D because the majority of today's games are created in three dimensions, making conversion a snap. Eisler said more than 400 current PC games, including "Battlefield: Bad Company 2" and "Resident Evil 5," can be played in 3-D with the right equipment.

"You're seeing it now," said "Avatar" producer Jon Landau. "People are going to want 3-D in their homes. I think 3-D is going to become ubiquitous in everything we do. From what I understand of the initial TV sales at Best Buy, everything went out the door. Why? Because it's of a certain quality, and I think that's what we have to make sure we protect."

The biggest hurdle for 3-D gaming is perhaps the simplest: Those glasses are just plain annoying. Michael Cai, a video game analyst at research firm Interpret, found in a recent survey of players who had experienced 3-D games that having to don shades was the overwhelming aversion to the medium. However, many had no qualms about 3-D gaming at all.

Sony and Nintendo have already unveiled their initial plans to enter the 3-D realm. Sony began updating PlayStation 3 consoles this week for future 3-D gaming features, which are expected this summer. Last month, Nintendo revealed a 3-D version of its top-selling handheld DS system — called 3DS — that wouldn't require 3-D glasses due out later this year.

## 3D TV's hazardous to your health?



Depicted: The Samsung 3D LED TV launch party in March 2010 in New York City. A group of Japanese businesses has released a handbook advising viewers on health and safety when watching three-dimensional televisions to counter symptoms such as dizziness, nausea, and eye fatigue.



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## Why Do Doctors Wear Green Or Blue Scrubs?

Scrubs used to be white — the color of cleanliness. Then in the early 20th century, one influential doctor switched to green because he thought it would be easier on a surgeon's eyes, according to an article in a 1998 issue of Today's Surgical Nurse. Although it is hard to confirm whether green scrubs became popular for this reason, green may be especially well-suited to help doctors see better in the operating room because it is the opposite of red on the color wheel.

Green could help physicians see better for two reasons. First, looking at blue or green can refresh a doctor's vision of red things, including the bloody innards of a patient during surgery. The brain interprets colors relative to each other. If a surgeon stares at something that's red and pink, he becomes desensitized to it. The red signal in the brain actually fades, which could make it harder to see the nuances of the human body. Looking at something green from time to time can keep someone's eyes more sensitive to variations in red, according to John Werner, a psychologist

who studies vision at the University of California, Davis.

Second, such deep focus on red, red, red can lead to distracting green illusions on white surfaces. These funky green ghosts could appear if a doctor shifts his gaze from reddish body tissue to something white, like a surgical drape or an anesthesiologist's alabaster outfit. A green illusion of the patient's red insides may appear on the white background. (You can try out this "after effect" illusion yourself.) The distracting image would follow the surgeon's gaze wherever he looks, similar to the floating spots we see after a camera flash.

The phenomenon occurs because white light contains all the colors of the rainbow, including both red and green. But the red pathway is still tired out, so the red versus green pathway in the brain signals "green."

However, if a doctor looks at green or blue scrubs instead of white ones, these disturbing ghosts will blend right in and not become a distraction, according to Paola Bressan, who researches visual illusions at the University of Padova in Italy.



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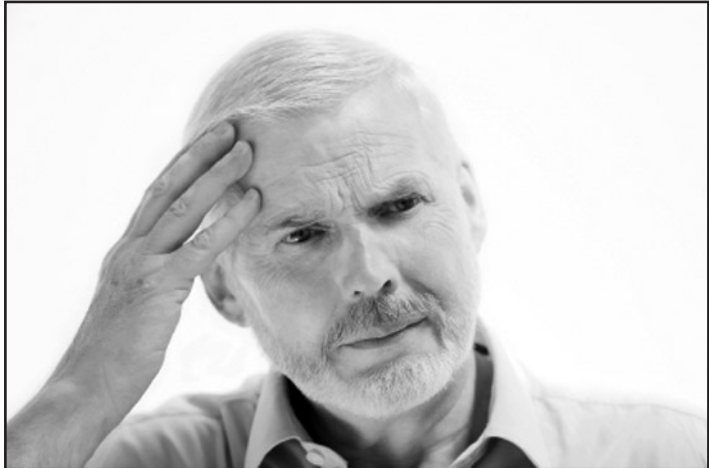
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## HEALTH

# Alzheimer's Disease: Tips for Maintaining a Normal Life



Living with Alzheimer's disease is a challenge for anyone. It's difficult to remember things, make decisions, and find your way around the way you used to. It can be frustrating a good deal of the time, but there are good days and bad days. Here are some helpful tips and things you can do to make things easier for yourself -- to make things feel a bit more normal again.

**How Do I Cope With My Memory Problems?**

**To help cope with memory problems:**

Always keep a book with you to record important information, phone numbers, names, ideas you have, appointments, your address, and directions to your home.

Place sticky notes around the house when you need to remember things.

Label cupboards and drawers with words or pictures that describe their contents.

Place important phone numbers in large print next to the phone.

Ask a friend or family member to call and remind you of important things that you need to do in the day, like meal times, medication times, and appointments.

Use a calendar to keep track of time and to remember important dates.

Use photos of people you see often labeled with their names.

Keep track of phone messages by using an answering machine.

**What's the Best Way to Plan the Day?**

**In planning your day:**

Find things to do that you enjoy and are able to do safely on your own.

It will be easier to accomplish tasks during the times of the day when you feel best.

Allow yourself the time to do the things you need to do, and don't feel rushed or let other people rush you.

If something gets too difficult, take a break.

Ask for help if you need it. How Do I Avoid Getting Lost?

**To keep from getting lost:**

Ask someone to go with you when you go out.

Ask for help if you need it and explain that you have a memory problem.

Always take directions for where you're going with you.

What Will Make Communicating Easier?

**Communicating with others will be easier if you:**

Always take your time, and don't feel rushed.

If you need to, ask the person you're speaking with to repeat what he/she is saying or to speak slowly if you do not understand.

Avoid distracting noises, and find a quiet place to talk.

What About Driving?

**Driving can be of particular concern for Alzheimer's patients. Here are some things to consider:**

Have someone else drive you where you need to go.

If you tend to get lost or confused easily, consider alternative modes of transportation.

Drive only in areas that are familiar to you.

At some point, it may no longer be safe for you to drive.

How Do I Take Care of Myself at Home?

**To make sure you are well taken care of at home, put some of these measures into place early so they become routine:**

Local Alzheimer organizations or your doctor will be able to tell you how to get help with things like shop-

ping, housekeeping, meals (including home-delivered meals), and transportation.

Ask a neighbor you trust to keep a set of house keys.

Ask a friend or family member to help you to organize your closets and drawers to make it easier for you to find things.

Ask a family member to check things out around the house, such as electrical appliances, mail, and perishable food items.

Keep a list of important and emergency numbers by the phone.

Have family, friends, or a community service program call or visit daily to ensure that everything is all right.

Ask someone to check your smoke alarm regularly.

**How Do I Maintain My Responsibilities?**

Arrange for direct deposit of checks, such as your retirement pension or Social Security benefits.

Inform your bank if you have difficulty keeping track of your accounts and record keeping. They may provide special services for people who have Alzheimer's.

It is important to realize that at some point, it will become too difficult or dangerous for you to live by yourself. But, in the earliest stages of the disease, many people do manage on their own -- with support and help from friends, family, and community programs and with simple adjustments and safety practices in place.

## TIP: PCOS???

**What is PCOS?**

Polycystic ovary syndrome (PCOS) occurs when a woman produces male hormones called androgens in excess.

This can lead to symptoms including weight gain, infertility, excess hair growth and irregular or nonexistent menstruation, says the American Congress of Obstetricians and Gynecologists.

The lifelong condition can keep a woman from ovulating, which prevents pregnancy. And the woman's ovaries tend to develop a number of cysts, which can be identified during an ultrasound examination.



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## Drinking Green Tea May Protect Eyes



Beneficial ingredients in green tea penetrate into the tissues of the eye and may help protect against glaucoma and other eye diseases, says a new study.

Researchers analyzed eye tissue from rats that drank green tea and found that the lens, retina and other tissues absorbed significant amounts of green tea catechins, which are antioxidants believed to

protect the eye. Catechins include vitamin C, vitamin E, lutein and zeaxanthin.

The action of the green tea catechins in reducing harmful oxidative stress in the eyes lasted for up to 20 hours.

"Our results indicate that green tea consumption could benefit the eye against oxidative stress," wrote Chi Pui Pang of the department of ophthalmology and visual sciences at the Chinese University of Hong Kong, Hong Kong Eye Hospital, and colleagues.

The findings are published in the Journal of Agricultural and Food Chemistry.

Prior to this study, it wasn't known if the catechins in green tea traveled from the digestive system into the tissues of eyes.

## High-Sugar Diet Linked to Cholesterol

The average person eats the equivalent of about 21 teaspoons of added sugar a day -- about 2 1/2 to 3 times more than new heart disease prevention guidelines say they should.

Excess sugar is known to contribute to obesity, diabetes, and other conditions linked to heart disease, and now new research links it to unhealthy cholesterol and triglyceride levels.

People in the study who ate the most added sugar had the lowest HDL, or good cholesterol, and the highest blood triglyceride levels. People who ate the least sugar had the highest HDL and the lowest triglyceride levels.

Eating large amounts of added sugar more than tripled the risk of having low HDL, which is a major risk factor for heart disease.

The study appears in this week's issue of the Journal of the American Medical Association.

**Added Sugar, Empty Calories**

Added sugar is defined as any caloric sweetener used in processed or prepared foods.

Beyond increasing calories, added sugars have no nutritional value.

In guidelines released late last summer, the American Heart Association recommended limiting added sugar in the diet to no more than 100 calories a day for most women and 150 calories for most men.

That's about 6 teaspoons of sugar a day for women and 9 teaspoons for men.

To put this in perspective, the average 12-ounce can of regular soda has between 8 and 10 teaspoons of sugar. A breakfast cereal with 16 grams of sugar per serving has about 4 teaspoons.

In the newly published study, daily consumption of added sugars averaged about 360 calories a day, or 16% of total daily calories.

That is an increase of about 6% in just over three decades, says researcher Miriam Vos, MD, of Atlanta's Emory University.

Sugar consumption appeared to be directly related to HDL and triglyceride levels. The more sugar the participants ate, the lower their HDL and higher their triglycerides.



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## Palm Beach, Aruba

**I**s a city northwest of Oranjestad, capital of Aruba, and is home to the high rise hotels and a new shopping district. The renowned two-mile-long strip known as Palm Beach is home to glamorous high-rise hotels and dotted by water sports concessions, piers, beach bars, restaurants and shops. Calm waters make this a comfortable haven for swimmers and snorkelers. A walk along the coast at dawn or sunset is perfect for exercise and quiet reflection.

Multiple time-share ownership and full-time ownership condos have been or are being built in the area as well.



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## Emile Ponson is winner of the 4th Annual Crescendo Piano Competition



Armand Simon with the six finalists



**Vanessa Chacon**

Beginning April 17, Aruba's Cas di Cultura hosted a full week of nightly concerts by internationally renowned classical musicians during the 4th Annual Piano Festival organized by Armand Simon. The week also featured master classes during which island youngsters were mentored by virtuoso pianists and teachers, assisting them while competing for the prize of a year of piano lessons during the Crescendo Piano Competition for Youth.

Participants in the Crescendo Piano Competition range from eight to 18 years, and the finalists performed on Saturday afternoon, April 24. It preceded the final concert of the festival, a tribute to the great German composers Beethoven and Brahms, with Armand Simon and visiting artists Alessio Bax on piano, Alissa Margulis and Marjam Tschopp

on violin and viola, and Horacio Contreras on cello.

"I believe the judges have a very difficult decision before them," commented Koos Veel, piano enthusiast and co-organizer of the event, "the quality of the performances from these youngsters was admirable." The six finalists were, in order of performance: Nicole van der Kleij, Christine Vinck, Angelique Janssen, Vanessa Chacon, Emile Ponson, and Deborah Helder.

First and second place winners are awarded a year of piano lessons with the teacher of their choice, valued at 2,400 Aruban florins and second prize is three months of lessons, valued at 600 Aruban florins. The audience is also provided a form when seated, and asked to vote on their young performer.

Deborah Helder won both third place and the People's

**Angelique Janssen**

Choice Award for her renditions of Mozart's Sonata KV 332 (1st Movement.) Christine Vinck took second place with Lange's Blumenlied and Nocturne Op. posth by Chopin.

The only male entrant, Emile Ponson won the first prize with a flawless and dramatic performance of Chopin, Prelude op. 28 #4 and Aus Jungen Tagen by Grieg. He demonstrated the same humble exuberance upon being named winner as he did when taking the People's Choice Award during the last Crescendo competition in 2008.

The Aruba Scholarship Foundation sponsored the awards, and their President, Clyde Harms, presented the certificates of achievement to the winners. Judges for the event were noted pianist Wim Statius Muller of Curacao and Monique Duphil of France.



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## Aruba's religious sites Featured: the Lourdes Grotto



Aruba is known for its beautiful white beaches, pristine turquoise waters, a lot of sunshine and a beautiful arid landscape. Tourist flow to the island to relax in a tranquil ambiance and enjoy the many activities constantly happening here. But what if you want to spend a quite moment? Aruba's spiritual sites offer you the best to achieve the perfect balance of body and soul.

Aruba was colonized by both the Spanish and the Dutch, thus has a strong prevalent Catholic population, even today. While there are many religions represented on the island, it is the Aruba churches and sites that draw those of all faiths.

The Lourdes Grotto is possibly the most well-known religious site on Aruba. Located near San Nicolas in the southern part of the island, away from most of the action, the Lourdes Grotto is peaceful and set away from much of the hectic activity.

A grotto is either a natural or artificial cave used by humans, and the grotto on Aruba became a religious site when the Catholic church placed a large statue of the

Virgin Mary into a rocky hillside at Seroe Preto in 1958.

The Lourdes Grotto is named after the region in southern France where the Virgin Mary appeared to a peasant girl. The statue was placed on Aruba to mark the 150th anniversary of this appearance.

Another cave is located across the street and, as an extra treat for visitors, parakeets live all around this area.

Every year on February 11, a procession travels from the St. Theresita Church located in San Nicolas to the Lourdes Grotto Aruba for mass.





# CAR TOONS



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## CROSSWORD

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### ACROSS

1. Big bridge win
5. Battering
8. That girl
11. Soft drinks
13. Painter Bonheur
14. German refusal
15. Playing marble
16. Sound repetition
17. Life of Riley
18. Russian dynasty
20. Mistakes
22. Turf
23. Bad guys
25. Baking chambers

### DOWN

27. Aspect
31. South American nation
34. Automaton
35. Marry
36. Entertainer Charlotte
37. Employ
39. Mauna
40. Semites
42. Willy Loman et al.
45. Mideast seaport
46. European river
47. Narrow waterways
50. Manhattan college: abbr.

### 53. Coloring tool

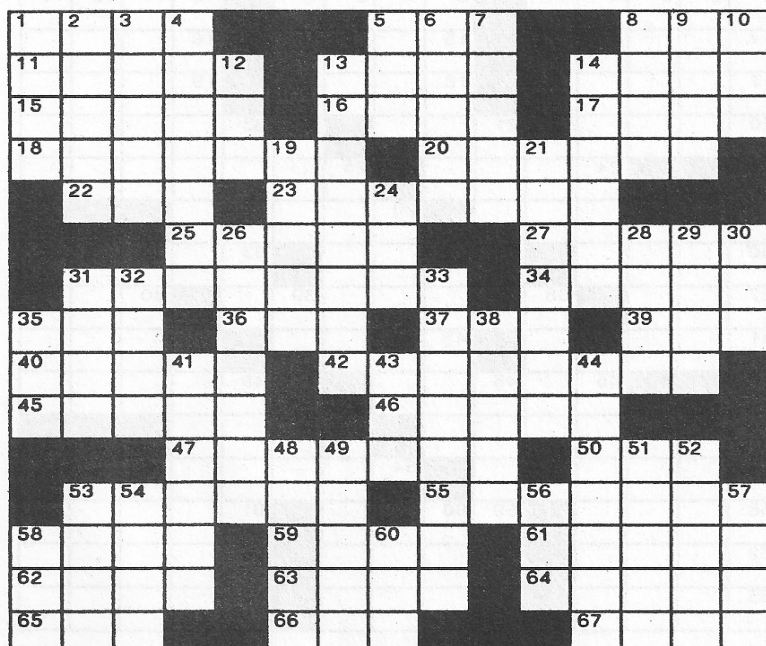
55. Form of an element
58. Young horse
59. Old
61. March composer
62. Prepare for publication
63. Simple
64. Went astray
65. Lair
66. Mrs.: Sp.
67. Collections

### DOWN

1. Cicatrix
2. Trademarks
3. Texas fort
4. Bullfighter
5. Mythical bird
6. Pale
7. New Zealander

### 8. Scorch

9. Sound of disapproval
10. Compass pt.
12. D.C. VIP: abbr.
13. Incomes
14. Missouri city
19. Alpha and
21. Subdue
24. Jehoshaphat's father
26. "The Drag"
28. Competent
29. Before long
30. Greek letter
31. Lima's land
32. Ancient Sumerian city
33. Christmas season
35. Bankroll
38. "Green Eggs and Ham" author
41. Volcanic rock
43. Parisian pal
44. Advisors
48. Wanders
49. Ire
51. "the Top"
52. Distraught
53. Secret language
54. Weather word
56. Sugary suffix
57. U.S. engineer James
58. Nurtured
60. Time in history



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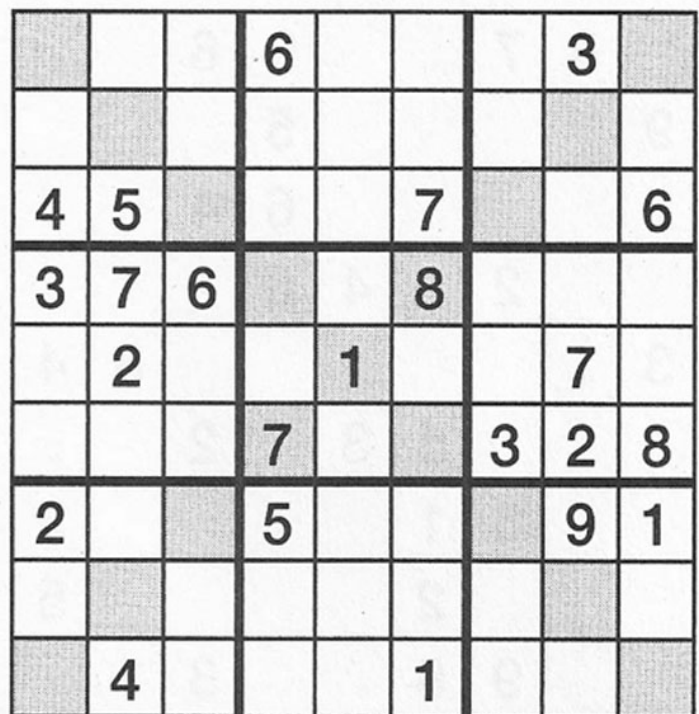
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## Sudoku



8	1	7	6	4	2	9	3	5
6	3	2	8	9	5	1	4	7
4	5	9	1	3	7	2	8	6
3	7	6	4	2	8	5	1	9
5	2	8	9	1	3	6	7	4
1	9	4	7	5	6	3	2	8
2	8	3	5	6	4	7	9	1
7	6	1	2	8	9	4	5	3
9	4	5	3	7	1	8	6	2

Complete the grid so that every row and every column contains the numbers 1 through 9  
 A number is Never repeated in a row or column.  
 In addition every rectangle must contain the numbers 1 through 9



## Finance

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## Most ash-stranded Europeans to be home by today

LONDON, England (AP) — Most tourists stranded by the volcanic ash crisis will be home by today although thousands could be stuck for nearly another week, European airlines and government officials said.

A week of airspace closures caused by ash spewed by Iceland's Eyjafjallajökull volcano prompted the worst breakdown in civil aviation in Europe since World War II, with about 100,000 flights canceled.

Mark Tanzer, chief executive of Britain's ABTA, which represents British travel agents and tour operators, said about 100,000 stranded British tra-

velers should have been returned home by this morning. About 35,000 more will remain marooned until Friday. Airlines said about 2,000 Belgians are stuck mainly in Egypt and Tunisia and 3,000 French tourists in various destinations.

Many Icelandic airports are closed and though authorities say Eyjafjallajökull is now producing much less ash, they confirmed no signs of the eruption ending.

## Astra drug wins EU approval for depression use

LONDON, England (AP) — Pharmaceutical company AstraZeneca PLC says its schizophrenia drug Seroquel XR has been recommended by European regulators as an add-on treatment for depression.

Friday's decision from the European Medicines Agency overturns an earlier rejection for the drug's new use from the Netherlands, which was acting as a reference state for the EU. It is also in line with approval granted by the U.S. Food and

## Debt-plagued Greece optimistic on big loan package

WASHINGTON (AP) — Greece's finance minister expressed confidence yesterday that European governments and the International Monetary Fund soon would provide billions of dollars in emergency aid so his debt-burdened nation could make a large repayment on time in May.

The official, George Papaconstantinou, said Greece had no intention of defaulting on its debt obligations by repaying creditors less than what they are owed. After weekend talks at the International Monetary Fund's headquarters blocks from the White House, he said he expected the IMF's executive board in early May to approve Greece's request for about \$13.4 billion in loans.

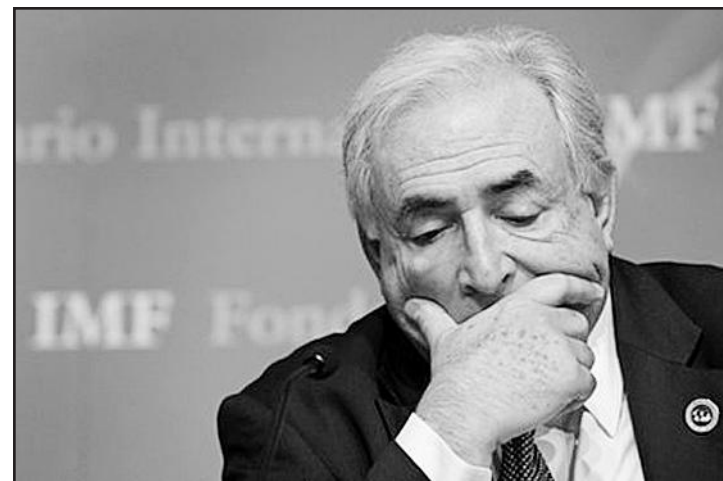
"We are all confident that this will be done in time and we will continue to be able to finance Greek public debt without absolutely any problem," Papaconstantinou told reporters.

## Obama links auto industry woes, financial overhaul

WASHINGTON (AP) — President Barack Obama on Saturday cited encouraging signs of an auto industry rebound as he promoted stronger financial rules that he said would help prevent a repeat of the crisis that pushed carmakers to the brink.

Senate Democrats have set a test vote for today on legislation to tighten federal oversight of the financial sector.

The auto industry was one of the biggest casualties of a recession fueled by risky lending and speculative trading practices of major financial institutions. But after shedding 400,000 jobs in 2008, bailed-



Dominique Strauss-Kahn

Director, Dominique Strauss-Kahn, said he was optimistic that "we will conclude discussions in time to meet Greece's needs."

The Greek government, which is putting in place austerity measures, faces a debt payment of \$11.3 billion on May 19.

"We are all aware of the seriousness of the situation and the courageous efforts being

made by the Greek people," Strauss-Kahn said in a statement.

In addition to \$13.4 billion from the IMF, Greece is hoping to obtain loans of about \$40 billion from a group of 16 European countries.

Strauss-Kahn said everyone involved in trying to help Greece sees "the need for speed," given the severity of the debt crisis.

out U.S. automakers are rebounding.

"I knew this wasn't a popular decision, but it was the right thing to do," Obama said of the government's intervention to help automakers.

General Motors Co. said last week it will repay \$8.1 billion in U.S. and Canadian government loans five years ahead of schedule.

Chrysler LLC, now run by an Italian company, said it

boosted its cash reserves by \$1.5 billion despite a first-quarter loss of almost \$200 million.

In his weekly radio and Internet address, Obama said the auto industry is on more solid footing, but it will take more time for the economy to recover from the loss of 8 million jobs.

He blamed the downturn on irresponsible risk-taking by Wall Street companies.

## Reporters review tax returns



Reporters review the tax returns of Republican gubernatorial candidate Bill Brady, who released them in response to accusations from his Democratic opponent that Brady shouldn't hide anything from voters if he wants to be Illinois governor, in Springfield, Illinois.

### YESTERDAY'S Crossword Answer

S	C	A	R	F	T	H	A	W	R	O	P	E
P	A	N	E	L	R	I	M	E	O	N	E	S
A	R	O	M	A	I	D	O	L	M	E	A	T
R	E	N	O	V	A	T	E	T	R	A	N	C
D	O	N	E	M	E	A	N	D	E	R		
S	E	B	E	R	G	L	Y	R	I	C		
E	V	I	L	L	E	A	N	S	E	R	G	E
L	E	D	T	E	R	R	A	C	E	O	A	R
F	R	E	S	H	E	C	H	O	M	O	S	S
P	O	R	C	H	W	R	I	T	H	E		
D	E	P	O	S	I	T	P	E	A	R		
E	L	A	T	E	D	B	A	R	N	A	C	L
B	O	U	T	E	D	I	T	S	C	O	O	P
A	P	S	E	R	O	T	E	O	L	I	V	E
R	E	E	D	S	E	E	N	M	E	L	E	E



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Chef Kasuki with Spicy Salmon Roll



South Beach Roll

Located within the stylish new South Beach Mall, the House of Japan not only offers chic surroundings and an intimate ambiance, it also sports the most unique sushi selection on the island. House of Japan has brought in master sushi chef Kasuki Tsuchiya to create a selection of specialized dishes just for them, and they provide a fresh and memorable dining experience for even the most jaded aficionados of sushi. Raised in the large Japanese community of Latin American, Chef Kasuki has incorporated many of the elements of regional cooking for his distinctive creations.

Sushi aficionados will find all their favorites, but be adventurous and try their unique South Beach Roll, Oranjestad Roll or the Ivanka Roll; exquisite experiences for your

taste buds that should not be ignored. During a recent two-week visit to Aruba, sushi fanatic Kiril Kulish, who last year won the Tony Award for his starring turn in the Broadway hit "Billy Elliot," declared House of Japan his favorite restaurant in all of Aruba, expressing they served "the best sushi I have ever had, anywhere."

Veteran visitors will recognize Mylene hard at work behind the counter. She is famous on Aruba for her preparation of sushi and other Japanese delights, such as their tempting Neptune Salad and the House of Japan Ceviche. Her dedicated clientele have followed her through her 11-year career in Aruba's Japanese restaurants, and they report they are ecstatic to find her again hard at work

in the chic but cozy environs of House of Japan.

"The sushi we are making here is like none other seen on Aruba," expressed Mylene regarding working with Chef Kasuki, "it is so exciting to be trying these new dishes, they are so nontraditional and I find the old standards sometimes pale in comparison. We have everyone's favorites, and can make anything they ask for, but we are sure they will love what we have created."

House of Japan is open for dinner seven days a week; Sundays through Thursdays from 5:30 p.m. until 12:30 a.m., and on Fridays and Saturdays until 2:30 a.m. They offer a charming and intimate interior dining room as well



Neptune Salad

as dinner under the stars on the South Beach Terrace. The restaurant also sports a cozy Teppenyaki table in the back, which seats six comfortably.

Hibachi Chef Aldrin, well known to all his fans as "Buzz," is eager to entertain as he prepares a succulent meal before your eyes.

## White House adviser spills secret: Obama loves pie

BURBANK, California (AP) — Presidents have had their indulgences — Ronald Reagan loved jellybeans and Bill Clinton binged at McDonald's. What's President Barack Obama's weak spot?

Pie.

Obama's senior adviser, David Axelrod, told Jay Leno on the weekend that the president was forced to "separate" from the White House pastry chef to break his bad eating habits.

"One of the things that happened when he came to the White House is they have a very great pastry chef. It became a big problem," Axelrod



Barack Obama, alongside senior advisor Valerie Jarrett, looks at slices of pie while ordering lunch.

confided on "The Tonight Show."

The president, he said, "has a weakness for pie."

The chunky-built Axelrod might just be needling his boss

— Obama lectures him about diet, exercise and his "beer gut."

The pie problem didn't come up earlier this year when the 48-year-old president was declared in excellent health by his doctors. An avid basketball player and golfer, it was said he eats modest portions.

Axelrod had a different story: He says the president loves cheeseburgers and pie, hardly health food.

The news wouldn't be welcomed by First Lady Michelle Obama, who's on a campaign against childhood obesity.

"I hope the first lady isn't watching," Axelrod said.

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Ben Williams

## Alaska dog honored for leading troopers to fire

ANCHORAGE, Alaska (AP) — Buddy the German shepherd was hailed as a hero for guiding Alaska State Troopers through winding back roads to a fire at his owners' workshop.

"Buddy is an untrained dog who for some reason recognized the severity of the situation and acted valiantly in getting help for his family," Col. Audie Holloway, head of the troopers, said on the weekend at a ceremony for the 5-year-old dog, who stood quietly before an adoring crowd.

Buddy, whose good deed was caught on a patrol car's dashcam video, received a stainless steel dog bowl engraved with words of appreciation from troopers for his "diligence and assistance."

Buddy also received a big rawhide bone, and his human family got a framed letter documenting his efforts.

"He's my hero," owner Ben Heinrichs said, his voice breaking. "If it wasn't for him, we would have lost our house."

The dashcam video shows Buddy meeting the trooper's vehicle, then dashing to their



Ben Heinrichs with his dog Buddy.

property about 55 miles north of Anchorage on April 4.

Heinrichs said he was working on parts for his truck when a spark hit some gasoline and ignited, lighting his clothes blaze. The 23-year-old man ran outside to stomp out the flames by rolling in the snow, closing the door to keep the blaze from spreading.

Heinrichs then realized Buddy was still inside the burning building and let the dog out. Heinrichs suffered minor burns on his face and second-degree burns on his left hand.

Buddy was not injured. "I just took off running," Heinrichs said. "I said we need to get help, and he just took off."

Buddy ran into the nearby woods and onto Caswell Loop Road, where the dog encountered the trooper, Terrence Shanigan, whose global positioning device had failed while responding to a call about the fire. He was working with dispatchers to find the property in an area with about 75 miles of back roads.

Shanigan was about to make a wrong turn when he saw a shadow up the road. His vehicle lights caught Buddy at an intersection, and the dog eyed the trooper and began running down a side road.

"He wasn't running from me, but was leading me," he said. "I just felt like I was being led ... it's just one of those things that we're thinking on the same page for that brief moment."

The video shows Buddy occasionally looking back at the patrol car as he raced ahead, galloping around three turns before arriving in front of the blaze, which was very close to the Heinrichs' home.

From there, the trooper guided firefighters to the scene.

The workshop was destroyed and a shed was heavily damaged, but only some window trim on the house was scorched.

The Heinrich family said they knew Buddy was smart ever since they got him six weeks after he was born to a canine-officer mother and that he was brave, twice chasing bears away while Ben Heinrichs was fishing. But saving their home beat them all.

## Sandwich-board job hunter finds work after 2 years



NEW YORK CITY (AP) — When laid-off toy company executive Paul Nawrocki hit the streets of Manhattan wearing a sandwich board and handing out his resume, he became the face of the recession.

At the end of 2008, with the giants of Wall Street collapsing and bank accounts dwindling, this lone, mustachioed job hunter with the sign proclaiming he was "almost homeless" seemed like a mirror of a slumping nation's fears and troubles.

Nawrocki appeared on CNN and was shadowed by South American photojournalists. In a handful of weeks, he gave more than 100 interviews in TV studios and on the street. He began to think of his photograph like a Post-it note — stuck next to seemingly every article about the economy.

The world decided he was a weather vane for the nation's economic troubles. And maybe he was: Even though the attention faded, his troubles did not.

Having the eyes of the world on him didn't land the then-59-year-old any viable job interviews. His wife was sick, and keeping his health care was a struggle. He began to decide between the doctors and the mortgage.

Well, if Paul Nawrocki is a sign of the times, then times are looking up.

Because last month, after collecting 99 weeks of unemployment, Nawrocki finally found a job.

He's not the only one. While unemployment remains high, the nation added 162,000 jobs last month — the first significant job growth since the downturn began.

"It was good. It felt good," the Beacon, N.Y., resident says of his first day back at an office — 25 months after he was

asked to leave his old one. "It felt like all new again because it had been so long."

Nawrocki hopes he's back on his feet after the long, dark stretch. But he knows he's still on shaky footing. The financial damage of the last two years won't just disappear.

"We're still not out of the woods," he says now. He has two mortgages on his home 70 miles north of Manhattan.

"One of our mortgages — I'm like six months behind. I don't know how I'm going to be able to catch up."

Nawrocki and his wife declared bankruptcy last year. They got food stamps. They went to food banks. They took gifts from family.

For months, he's been waiting fearfully for his mortgage company to call — waiting for a foreclosure notice, for something. But so far, nothing has happened.

In the end, his path back to work wasn't through his television appearances, but through old-fashioned networking. He went to a toy-industry fair, and a friend introduced him to the man who would become his boss. Nawrocki believes the tales of his sandwich-board days helped him land an interview.

His paycheck is nearly half the size; he had made almost \$100,000 a year. And his title is a little less grand.

But the job still seems a wondrous, unlikely rescue — as though a hand had descended from the sky at the last possible moment.

"I had reached the limit, the last week," he recounted. "And they called and had me start the next week. ... Through this whole experience it's been like that. We get right to the edge, and then ..." he trails off.

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## Blazers, Thunder level series, Magic 3-0



Jeff Green and James Harden #13 share a moment at the end of their game against the Los Angeles Lakers

PORTLAND, Oregon (AP)—Brandon Roy made a surprising return from knee surgery as the Portland Trail Blazers evened their NBA Western Conference first-round playoff series with the Phoenix Suns at two games apiece with a 96-87 victory on Saturday.

LaMarcus Aldridge had 31 points and 11 rebounds for the Blazers, who unexpectedly activated Roy shortly before the game, eight days after he had arthroscopic surgery to repair torn cartilage in his right knee.

Roy didn't start and played a relatively quiet 26 minutes, finishing with 10 points, but hit a key 3-pointer with 4:55 left that gave Portland a 85-79 lead and swung the momentum

of a close game.

Amare Stoudemire led the Suns with 26 points. The series returns to Phoenix today.

### Magic 90, Bobcats 86

In Charlotte, Orlando overcame Dwight Howard's continuing foul trouble to beat Charlotte and take a commanding 3-0 series lead.

Howard played only 26 minutes and fouled out with 3:32 left. But Jameer Nelson had 32 points, including a key late basket, and backup center Marcin Gortat hit two free throws with 12 seconds left to put it away.

Charlotte's Stephen Jackson scored 19 points, but was 6 of 18 from the field and missed a key 3-pointer in the

final minute.

For the third straight game, Howard played about half the game, finishing with 13 points, eight rebounds and seven blocks, but the Magic can clinch a spot in the second round with a victory here in Game 4 today.

The cold-shooting Bobcats, meanwhile, face the prospect of a first-round sweep in their first playoff appearance.

Charlotte hadn't hosted a playoff game since the Hornets' last year here in 2002 before bolting for New Orleans. But with owner Michael Jordan squirming in his seat, the 6-year-old Bobcats wilted in the fourth quarter despite the biggest crowd in franchise history.

### Bucks 107, Hawks 89

In Milwaukee, John Salmons scored 22 points on 9-of-11 shooting and Milwaukee never let up after a hot start to beat Atlanta and close the series deficit to 2-1.

The Bucks shot 68 percent in the first quarter and 51 percent for the game, and were never seriously threatened after building a 19-point, first-half lead.

Veteran Kurt Thomas had eight points, 13 rebounds and four stitches and rookie Brandon Jennings added 13 points for Milwaukee.

Joe Johnson scored 25 for Atlanta. Game 4 is today in Milwaukee.

### Thunder 110, Lakers 89

In Oklahoma City, the hosts squared their series with Los Angeles at 2-2.

Kevin Durant scored 22 points and Russell Westbrook added 18 points and eight assists for the Thunder, who again capitalized on a significant edge at the foul line and on the boards despite the presence of the Lakers' towering tandem of Pau Gasol and Andrew Bynum.

Oklahoma City never trailed after the opening 5 minutes and led by double digits for the final three quarters in a thorough dismantling of the defending NBA champions.

Bynum had 13 points and 10 rebounds, and Gasol also scored 13 to lead Los Angeles. Kobe Bryant finished with only 12 points.

Game 5 is Tuesday in Los Angeles.

## NBA playoffs



### WESTERN CONF.

LA LAKERS VS. OKLAHOMA CITY (SERIES TIED 2-2)  
DALLAS VS. SAN ANTONIO (SPURS LEAD 2-1)  
PHOENIX VS. PORTLAND (SERIES TIED 2-2)  
DENVER VS. UTAH (JAZZ LEAD 2-1)

### EASTERN CONF.

CLEVELAND VS. CHICAGO (CAVALIERS LEAD 2-1)  
ORLANDO VS. CHARLOTTE (MAGIC LEADS 3-0)  
ATLANTA VS. MILWAUKEE (HAWKS LEAD 2-1)  
BOSTON VS. MIAMI (CELTICS LEAD 3-0)



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#### PG-13 DEATH AT A FUNERAL

daily:	4:15	6:30	8:45
matinee:	12:00	2:00	late show: 11:00

#### PG THE LAST SONG

daily:	6:00	8:30
matinee:	1:00	3:30
late show:	11:00	

#### PG-13 CLASH OF THE TITANS

daily:	6:00	8:30
matinee:	1:00	3:30
late show:	11:15	

#### PG-13 THE BOUNTY HUNTER

daily:	4:00	6:30	9:00
matinee:	1:30	late show: 11:45	

#### PG-13 WHY DID I GET MARRIED TOO

daily:	4:00	6:45	9:15
matinee:	1:30	late show: 11:45	

#### PG ALICE IN WONDERLAND

daily:	5:30	
matinee:	12:30	3:00
late show:		

#### R GREEN ZONE

daily:	8:15
matinee:	late show: 11:00

### AT PASEO HERENCIA

#### PG-13 THE BACK-UP PLAN

daily:	4:00	6:15	8:30
matinee:	1:30	late show: 11:15	

#### R COP OUT

daily:	6:15	9:00
matinee:	1:00	3:45
late show:	11:30	

#### PG HOW TO TRAIN YOUR DRAGON

daily:	4:15	6:30	8:45
matinee:	1:45	late show: 11:00	

#### PG-13 OUR FAMILY WEDDING

daily:	5:30	7:45	9:45
matinee:	12:45	3:00	late show: 12:00

#### PG DIARY OF A WIMPY KID

daily:		
matinee:	12:30	2:45
late show:		

#### R REPO MEN

daily:	5:30	8:00
matinee:	12:15	3:00
late show:	11:00	

#### PG-13 DATE NIGHT

daily:	5:00	7:30	9:30
matinee:		late show: 11:45	

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## On the road to 2010 FIFA World Cup South Africa

### Did You Know?



Johan Cruyff is widely recognised as one of the greatest footballers of all time. It is somewhat of a surprise therefore that he won just 48 caps in an 11-year spell with the Dutch team. Cruyff had an ignominious start to his international career as, although he scored on

his debut against Hungary, on his next appearance he became the first Dutch player to receive a red card.

His dismissal in a friendly against Czechoslovakia earned him a one-year suspension from the Dutch federation. Cruyff, one of the pioneers of 'total football', participated in only one FIFA World Cup™ tournament.

In 1974 he helped Holland to the Final, earning the penalty which saw them take the lead against West Germany before their opponents had even touched the ball. Nevertheless, the Netherlands lost the match 2-1.

Cruyff brought a premature end to his international career in 1977 at the age of 30, having successfully steered Holland through qualification for the following FIFA World Cup. Despite numerous attempts to tempt him out of retirement, Cruyff did not add to his tally of 33 goals in 48 appearances - 33 of them as captain.

Cruyff revealed two years ago that one of the reasons he opted not to play in the 1978 FIFA World Cup was because his family had been involved in a kidnap attempt during the previous year.

### Antonio Cassano: Puppets Play For Italy and I'm No Puppet, I'm A Prima Donna

*Cassano has taken another swipe at Lippi over his Italy exclusions.*

Sampdoria striker Antonio Cassano has done himself no favours in terms of receiving an Italy call from Marcello Lippi for the World Cup as he renews his attack on the coach.

Lippi's constant snubbing of 'Il Talentino' has seen a fevered response by the player who accepts he will not be going to the tournament, but did it in true Cassano style as he showed a

degree of anger in his answers when prompted on the Azzurri by Italian press.

"The national team? I have been thinking about it ever since I turned professional, but it's not my problem," he told the press.

"Problems between me and Lippi? Who is the conductor? He is very good. Looking at Marcello, he doesn't know me and I don't know him.

"If they have not spoken well about me then it means

that they don't like me. In football, someone with lots of personality, a prima donna, gets nowhere in football.

"In football, only those who are puppets and say yes to everything move forward. I am a prima donna, and diplomacy has no place in my house."

"Who will win the World Cup? As an Italian I say Italy. I am Italian and so I will be supporting the Nazionale," he concluded.

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